



## HOME-HEALTHMED SERVICES, LLC

739 High Street, Suite 109, Portsmouth, VA 23704

Office: (703) 637-9551 Fax: (757) 367-8995

Email: [admin@home-healthmed.com](mailto:admin@home-healthmed.com)

Website: <https://www.home-healthmed.com>

### **Certified Nursing Assistant (CNA) – Job Description**

#### **Job Summary:**

The Certified Nursing Assistant (CNA) provides high-quality, compassionate care to clients in a home health setting. The CNA assists with daily living activities, provides personal care, and ensures patient safety and comfort under the supervision of a Registered Nurse (RN) or Licensed Practical Nurse (LPN).

#### **Key Responsibilities:**

##### **1. Personal Care & Activities of Daily Living (ADLs)**

- Assist clients with bathing, grooming, dressing, toileting, and hygiene
- Support clients with mobility, transfers, and ambulation, including the use of assistive devices
- Provide assistance with feeding and meal preparation, ensuring dietary needs are met
- Perform light housekeeping duties, including laundry, vacuuming, and maintaining a clean and safe environment

##### **2. Patient Monitoring & Reporting**

- Observe and report changes in client health, behavior, or condition to the supervising nurse
- Measure and record vital signs (temperature, pulse, respiration, and blood pressure) as directed
- Document care provided in accordance with agency policies and state regulations
- Assist with medication reminders as per the care plan

##### **3. Safety, Infection Control & Emergency Response**

- Follow safety protocols, including fall prevention and home safety evaluations
- Adhere to infection control and hygiene standards, including proper handwashing and use of personal protective equipment (PPE)
- Respond to emergencies and report incidents according to agency policies

##### **4. Emotional & Social Support**

- Provide companionship and engage clients in social activities to promote emotional well-being



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- Support clients with cognitive impairments, including dementia and Alzheimer's patients
- Communicate effectively with patients, families, and healthcare team members

### 5. Compliance & Professional Development

- Maintain confidentiality and adhere to HIPAA regulations
- Follow state and federal regulations, including Virginia Department of Health guidelines
- Attend required training sessions and continuing education courses
- Participate in **quarterly** performance evaluations and **annual** competency assessments

### Qualifications & Requirements:

- **Education:** High school diploma or GED required
- **Certification:** Valid Certified Nursing Assistant (CNA) license in the state of Virginia.
- **Experience:** Minimum **2 years** of experience in a home health, assisted living, or hospital setting preferred
- **Background Check:** Must pass a criminal background check and drug screening
- **Physical Requirements:** Ability to lift up to 50 lbs., stand, walk, and perform physical tasks for extended periods
- **Other Requirements:**
  - Reliable transportation and valid driver's license (if required for home visits).
  - Current automobile insurance.
  - Current CPR and First Aid certification (or willingness to obtain within **30 days** of hire).
  - Proof of TB testing and immunizations per state health guidelines.

### Schedule & Compensation:

- Flexible schedules (Full-time, Part-time, and Contractor positions available)
- Flexible hours (day shifts, evenings, weekends as needed)
- Competitive pay based on experience and certification
- Opportunities for overtime, holiday pay, and performance-based incentives
- Benefits may include health insurance, paid time off, and mileage reimbursement (for eligible employees)
- Travel between client homes may be required

*Home-HealthMed Services, LLC is an Equal Opportunity Employer. We value a diverse, inclusive workforce and provide reasonable accommodation upon request.*