



Personal Care Aide (PCA) – Job Description

Job Summary:

We are seeking a compassionate and dedicated **Personal Care Aide (PCA)** to join our home healthcare team. The PCA will provide essential non-medical care and assistance to clients in their homes, ensuring their comfort, safety, and well-being. This role involves assisting with daily living activities, personal hygiene, meal preparation, and companionship.

Key Responsibilities:

✔ Personal Care Assistance

- Assist clients with bathing, dressing, grooming, and hygiene.
- Support mobility, transfers, and safe ambulation.
- Help with toileting and incontinence care.

✔ Companionship & Emotional Support

- Engage clients in conversation and recreational activities.
- Provide companionship to reduce loneliness and social isolation.
- Observe and report changes in client behavior or condition.

✔ Meal Preparation & Nutrition Support

- Prepare nutritious meals according to dietary needs.
- Assist with feeding when necessary.
- Encourage hydration and proper nutrition.

✔ Household Assistance

- Perform light housekeeping, including laundry, sweeping, and dishwashing.
- Ensure a clean and safe living environment.
- Run errands such as grocery shopping and prescription pickups.

✔ Health Monitoring & Safety

- Observe and report changes in health conditions to supervisors.
- Remind clients to take medications (no direct administration).
- Follow infection control protocols and ensure a safe home environment.



HOME-HEALTHMED SERVICES, LLC

Qualifications & Requirements:

- ✓ High school diploma or equivalent (preferred).
- ✓ Completion of PCA training program or equivalent experience.
- ✓ CPR and First Aid certification.
- ✓ Ability to lift and assist clients as needed.
- ✓ Strong communication and interpersonal skills.
- ✓ Reliable transportation and valid driver's license (if required).
- ✓ Ability to pass a background check and drug screening.

Work Environment & Schedule:

- Home-based care setting.
- Flexible hours (day shifts, evenings, weekends as needed).
- May require travel between client locations.

Why Join Our Team?

- ✨ Competitive Pay & Benefits
- ✨ Flexible Scheduling
- ✨ Meaningful Work That Makes a Difference
- ✨ Supportive Team & Training Opportunities

✉ How to Apply:

Interested candidates should submit their resume to admin@home-healthmed.com or call 703-637-9551 for more details.